

Song List

- a. OliverHart - Here For You
- b. JustinNozuka - Down In A Cold Dirty Well
- c. JustinNozuka - No Heaven
- d. BillWithers - Ain't No Sunshine
- e. FrouFrou - Let Go
- f. CarbonCarousel - Dummy
- g. Eyedea&Abilities - Forgive Me For My Synapses
- h. RageAgainstTheMachine - Killing In The Name Of
- i. Szekely, Istvan - Ballade No. 1 in G minor, Op. 23
- j. Beethoven - Moonlight Sonata

I'm a mixture of emotions and the songs I listen to depict a part of me that people don't usually see. Down in a cold dirty well expresses my loneliness and hopelessness. It's easy to find someone to keep you company but it's difficult to find someone who wants to understand you. Someone who will listen. When you do find that person, they might take you for granted. When your plans just turn to garbage and no one is there to save you from it.

The combination of Let Go and Here For You is a pick me up for me. Letting me know it's ok to express how I feel even when I'm feeling down and that there's always someone there for me. Growing up as a male in my household I was taught that men don't cry and if you express your feelings than you're weak. That's not the case though, and it's ok to be yourself. Regardless of where we are there is someone there for us and that we're all important. We are all apart of something bigger.

I have chronic depression and am a natural pessimist so No Heaven and Dummy tend to set me straight. Dummy is a song that resonates with me when I'm depressed. It's dissonant music for when I'm dissonant. Then No Heaven brings me back to reality, a story of an older brother telling his younger brother to watch as he kills himself, but the younger brother worries about his older brother as they exchange views of heaven. The older brother explaining that when he dies, he'll have no more pain and that he'll be in heaven. The younger brother rebuttals asking what if there is no heaven and he finds himself alone. So that's my angel and devil conflict.

Ain't no sunshine is a song that makes me believe my life right now is pretty good. My girlfriend is trusting and loyal. She won't leave me long enough to write a song about, but when she is gone for a long period of time (like family vacations), I find myself singing this song. He talks about his girl leaving him not knowing if she'll come back. He's left in the cold dark when she's gone.

Killing in the name of brings out the rebel in me. Though there's really no rebel in me, it makes me feel empowered as a human being listening to this song. A song that defies the government that tells me not to listen to them due to their moral behavior. Then Forgive Me For My Synapses lets me know I can control myself and change myself. It's a short song, but it gets to the point.

The Moonlight Sonata and Ballade No. 1 in G minor, Op. 23 makes me think of life and how it's a beautiful mess. At one point you're calm and collect then the next moment you're trying to find a open bathroom stall holding in the most foul beast in your stomach.

Three key words to describe all of this would be chaos, collected, and unity.